

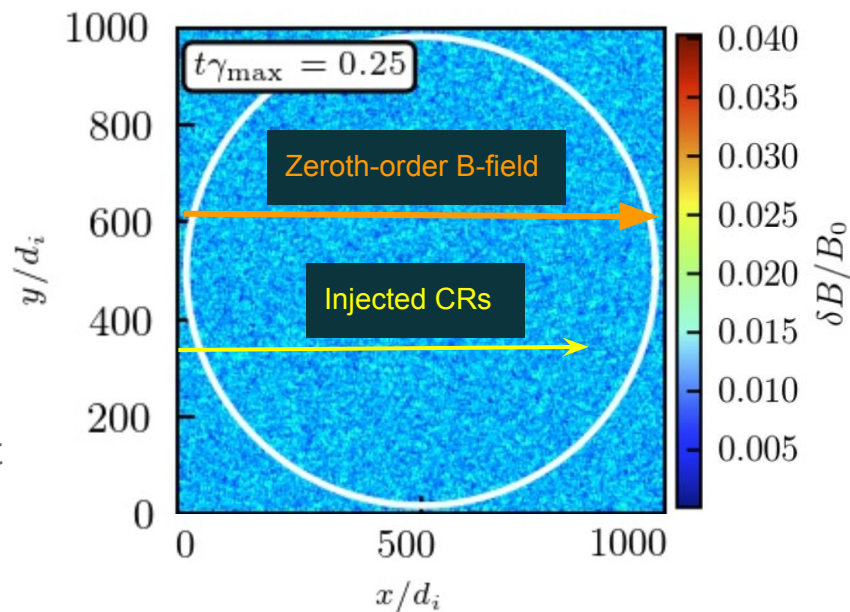
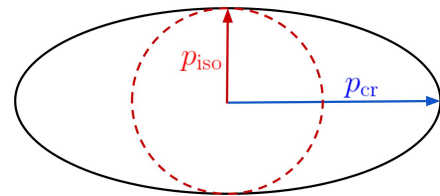
A Kinetic Study of the Saturation of the Bell Instability

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The problem

1. Why does the instability saturate?
2. What is the final level of the magnetic field's strength?

- To answer these questions from *first principles* we use self-consistent Hybrid simulations (*dHybridR* with kinetic ions and fluid electrons)
- Simulation setup:
 - Thermal plasma in a 2D box
 - Ambient magnetic field B_0
 - Small initial perturbations δB on B_0
 - CRs drift parallel to B_0
 - We inject CRs parallel to B_0 at a constant rate, with number density n_{cr} , and drift and isotropic momentum p_{cr} and p_{iso}



Results

1. Magnetic field **initially grows exponentially**
2. When the **field becomes non-linear** ($\delta B \geq B_0$), **CRs scatter** off the field structures
3. This transfers momentum from the CRs to the plasma
4. The Bell instability **saturates** because the CR current in the plasma's frame reduces
5. The final magnetic field is proportional to the **anisotropic CR momentum flux**:

$$\frac{B_z^2}{2} \approx \Pi_{\text{cr}} \approx n_{\text{cr}} \gamma_{\text{iso}} \left[1 + \left(\frac{p_{\text{iso}}}{\gamma_{\text{iso}} mc} \right)^{2/3} \right] \frac{p_{\text{cr}}^2}{\gamma_{\text{cr}}}$$

