Dark Matter: Knowns and Unknowns

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O KIRAC AMNH



Office of Science

Outline

- Review of long-standing evidence for DM
- Low-mass DM: limits on fuzzy DM and searches for light cold bosonic DM
- The thermal window: review of mass range, discussion of current constraints
- Very heavy DM and primordial black holes
- A brief update on some anomalies/excesses

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7=4

structure formation simulations accurately predict the observed universe

Gas Density

Illustris Collaboration

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measured from the orbital velocities of stars / gas clouds

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- Is ~84% of the matter in the universe.
- Forms the primordial "scaffolding" for the visible universe, which we can predict and map with increasing precision.
- Forms large clouds or "halos" around galaxies.
- Interacts with other particles weakly or not at all (except by gravity).

null results of existing searches

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Open questions

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- WHAT IS IT?

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Neutrinos are the best candidate, but are too fastmoving to form structure as observed

Open questions

What it's made from.

- Is it one particle, or more than one, or not a particle (e.g. primordial black holes)?
- How it interacts with other particles.
- Whether it's absolutely stable, or decays slowly over time.
- Why its abundance is what it is.
- If/how it's connected to other deep problems in particle physics.
- And more..

What more can we learn from purely gravitational probes?

- Estimate the density and velocity distribution of DM in the MW and beyond much recent progress on this front using stellar data, especially from Gaia [e.g. Banik et al '19, Bonaca et al '19, Buch et al '19, Posti et al '19, Necib et al '19, '20] mapping shape of DM halo, measuring local density, probing substructure, mapping out contributions to the velocity distribution
- Set bounds on the lifetime of DM from modifications to the cosmic microwave background radiation if the DM decays during/after recombination - no more than 3.8% of the DM can decay between recombination and the present day [Poulin et al '16]
- Set upper bounds on DM-DM interactions [e.g. Bondarenko et al '21, Andrade et al arXiv:2012.06611]
- Set limits on DM-SM interactions although typically there are (much) stronger limits from searching for those interactions directly
- Set limits on the mass and velocity of individual DM particles

How light can DM be?

- Sufficiently light DM can have a wavelength large enough to modify observed sub-galactic structure "fuzzy DM"
- The minimum DM mass is thus controlled by the smallest-scale DM structures we can observe
- Multiple approaches to mapping the smallest halos:
 - Lyman-α forest (probes matter clumpiness at z~2-6) [e.g. Armengaud et al '17, Irsic et al '17, Nori et al '19]
 - Fluctuations in the linear density of stellar streams (perturbed by DM subhalos) [Banik et al '19]
 - Strong gravitational lensing of quasars [Hsueh et al '19, Gilman et al '19]
 - Observations of faint MW satellite galaxies [e.g. Nadler et al '19]
- Current limits on fuzzy DM: $m_{\text{DM}} \gtrsim 2 - 3 \times 10^{-21} \text{eV}$ [Schutz '20]



How fast can DM be?

- The same observations of small halos tell us DM cannot be too fast-moving a large free-streaming length would disrupt small-scale structure
- If DM is in thermal contact with the SM, heating from the thermal bath would ensure too-light DM is fast-moving during structure formation
- Current bounds exclude such "warm dark matter" candidates lighter than 3-6 keV (through the analyses described on the previous slide)
- Tremaine-Gunn bound: DM phase-space density in small galaxies requires subkeV DM to be bosonic (fermions cannot attain a high enough density due to Pauli exclusion) [e.g. Boyarsky '09]
- Thus light (<< keV) DM must be both <u>non-thermal</u> and <u>bosonic</u> huge range of parameter space open down to 10⁻²¹ eV, classic example model is the <u>axion</u>.
- Relevant limits from dedicated axion-search experiments, direct detection, cosmology, astrophysics (e.g. observations of supernovae and neutron stars), etc

Axion limits

(credit https://cajohare.github.io/AxionLimits/)









bosonic (Tremaine-Gunn bound)











The thermal window

- Where did the DM abundance come from?
- Hypothesis: DM was in equilibrium with SM in early universe + density was depleted through annihilations, DM DM \rightarrow SM SM
- Observed present-day density \rightarrow annihilation rate:

$$\langle \sigma v \rangle \approx 2 \times 10^{-26} \mathrm{cm}^3 / s \approx \frac{1}{(25 \mathrm{TeV})^2} \sim \frac{1}{m_{\mathrm{Pl}} T_{\mathrm{eq}}}$$

- Correct cross section for weakly-interacting particles with weak-scale masses -Weakly Interacting Massive Particle (WIMP) "miracle"
- Mechanism works for DM masses up to ~100 TeV for heavier DM required annihilation rate becomes impossible to attain (in standard cosmology), exceeds upper limit from unitarity
- Works for DM masses down to ~1 MeV, lighter DM usually modifies Big Bang nucleosynthesis → disrupts successful predictions for light-element abundances [e.g. Sabti et al '19]

Classic WIMP searches



- Indirect detection: look for Standard Model particles electrons/positrons, photons, neutrinos, protons/antiprotons produced when dark matter particles collide or decay.
- Direct detection: look for atomic nuclei "jumping" when struck by dark matter particles, using sensitive underground detectors.
- Colliders: produce dark matter particles in high-energy collisions, look at visible particles produced in the same collisions, check for apparent violation of energy/momentum conservation.

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Limits on WIMPs

- There are stringent limits from all these searches - no robust detections yet.
- Limits from the CMB, gamma-ray and cosmic-ray experiments probe the thermal relic cross section up to DM masses of 10s-100s GeV, for all SM final states except neutrinos.
- Future experiments have the possibility of reaching this cross section for 10-100 TeV DM.

WIMP-nucleon σ [cm²]

 Direct-detection experiments set very powerful bounds on the DMbaryon scattering cross section for 10+ GeV DM.



Electroweak DM

- At the same time, some of the simplest classic WIMP models remain unconstrained - DM could still interact through the W and Z bosons!
- One example is the <u>higgsino</u> fermionic DM transforming as a SU(2)_W doublet, appears in supersymmetry as the Higgs superpartner
- Obtains the correct relic density for $m_{DM} \sim 1 \text{ TeV}$
- Direct detection signal is below neutrino floor; undetectable with current colliders
- Precise theory predictions for heavy electroweakinos require careful effective field theory analysis [e.g. Baumgart, TRS et al '19, Beneke et al '20]
- Potentially detectable in gamma rays with CTA, or with future colliders [e.g. Canepa et al '20, Capdevilla et al '21]



Low-mass thermal DM

- Classic direct detection experiments lose sensitivity for DM masses below 1-10 GeV, and accelerator-based searches often need to be redesigned
- Indirect limits remain very strong, but can be evaded if annihilation is suppressed (e.g. asymmetric DM, p-wave annihilation suppressed at low velocities, etc)
- MeV-GeV band is the focus of a huge amount of effort [e.g. Cosmic Visions report, Battaglieri et al '17] - many new direct-detection, accelerator-based searches
- In indirect detection, proposed missions such as AMEGO, GRAMS, GECCO, can cover the "MeV gap" in gamma-ray sensitivity

Example: constraints on DM-electron scattering



Above the thermal window: ultraheavy DM (theory)

- In the presence of a long-range force, contributions from bound state formation, high partial waves can saturate and extend the unitarity bound, up to ~PeV [e.g. von Harling & Petraki '14, Smirnov & Beacom '19]
- (Much) higher masses can be achievable for thermal relic DM when standard assumptions break down, e.g.:
 - modified cosmology: large entropy injections, or a first-order phase transition in the dark sector [e.g. Asadi, TRS et al '21]
 - formation of many-particle bound states after freezeout [e.g. Coskuner et al '19, Bai et al '19] - can lead to macroscopic DM candidates
- Non-thermal production mechanisms (e.g. out-of-equilibrium decay of a heavier state) are also possible

Ultraheavy DM (observation)

- Very difficult to probe at colliders, but direct & indirect searches can have sensitivity
- Existing photon/neutrino observations constrain decaying DM up to very high masses (due to non-observation of lowerenergy secondary particles), for lifetimes of 10²⁷⁻²⁸ s



- Observations of ultra-high-energy CRs and photons could also provide sensitivity to these heavy DM candidates [e.g. Berezinsky et al '97, Romero-Wolf et al '20, Anchordoqui et al '21]
- Macroscopic DM could have striking signatures in direct-detection experiments and large-volume neutrino detectors [e.g. Bai et al '20]
- Very tiny interactions may be detectable with ultra-high-precision mechanical sensors [e.g. Carney et al '20, '21]

Primordial black holes (PBHs) as dark matter

- <u>General idea</u>: black holes can be formed from inhomogeneities in the high-density early universe [see Carr et al 2002.12778 for a recent review containing more comprehensive references].
- Black holes are electrically neutral (or quickly become so) and interact primarily via gravity.
- Sufficiently heavy black holes have a lifetime >> age of the universe.
- Black holes would be heavy, non-relativistic "particles", and would play the cosmological role of DM provided they are formed well before matter-radiation equality - hence only primordial BHs are viable DM candidates, not those formed from stars.
- Perhaps the most plausible DM scenario that does not require DM to be comprised of new particles beyond the Standard Model (although probably requires a non-minimal inflation model or other BSM physics).
- PBHs are decaying DM they slowly decay through Hawking radiation (with temperatures far less than the BH mass), PBHs in an observationally interesting mass range can produce X-ray and soft gamma-ray radiation.

 Too-light PBHs evaporate via Hawking radiation - null searches for the radiation constrain lifetimes longer than the age of the universe

$$T_{\rm BH} = \frac{M_{\rm Pl}^2}{8\pi M} \quad \tau \sim \frac{M^3}{M_{\rm Pl}^2}$$



- Dashed lines = constraints have been proposed, but are not reliable or have been refuted
- There is an open window for f=1 (all DM=PBHs) from M~10¹⁷-10²³g

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Gamma/X-ray signals from PBHs

- The lower end of this open window in mass, around 10¹⁷ g, is set by the non-observation of Hawking radiation from these PBHs
- Proposed MeV-band gamma-ray telescopes have the potential to extend the mass reach by around an order of magnitude [Coogan et al '21, Ray et al '21].
- The 10¹⁸⁻²³ g band will be hard to probe this way - many interesting ideas based on lensing, astrophysical observables [e.g. Montero-Camacho et al '19, Jung et al '20].



Coogan et al '21

Anomalies - clues or red herrings?

- Among all these ideas and searches for DM, in recent years there have been a number of hints of possible signals.
- Since this is ICRC, I will focus on signals in cosmic rays / high-energy astrophysics.
- There are other possible hints of new physics which may have to do with DM, such as the 4.2 sigma discrepancy between (non-lattice) theoretical prediction and measured value for muon g-2 [Abi et al '21]
 - Some example ideas (involving DM) are dark photons with semi-visible decays [Mohlabeng 1902.05075], lepton portal DM (DM couples directly to charged leptons) [Bai & Berger 2104.03301], minimal supersymmetry with a mostly-bino DM candidate [Cox et al 2104.03290], etc
 - However there are also many possible explanations not involving DM, and in the interests of time I will not say more here.

The positron excess

- PAMELA/AMS-02 positron excess:
 - Cosmic-ray positron flux is enhanced relative to electron flux between ~10 and several hundred GeV.
 - Highly statistically significant.



Sam Ting, 8 December 2016, CERN colloquium

- DM explanation: TeV-scale DM annihilating or decaying dominantly into leptons (if annihilation, requires rate >> thermal).
- Recent observations of nearby pulsars suggest they produce abundant TeV-scale positrons that likely explain the excess [e.g. Hooper et al '17].

The antiproton excess

- AMS-02 observes a hint of an excess in ~10-20 GeV antiprotons, relative to background models
- Corresponds to a ~thermal cross section and ~40-130 GeV DM mass.
- Significance level is still highly debated [see Heisig et al '20, Boudaud et al '19, Cuoco et al '19, Cholis et al '19, Reinert & Winkler '18, Cui et al '17, Cuoco et al '17] depends sensitively on model for correlations between bins.
- GAPS could potentially test similar parameter space in anti-deuterons [e.g. von Doetinchem et al '20].



AMS-02 antihelium events

- AMS-02 Collaboration announced tentative possible detection of six apparent anti-He-3 events and two apparent anti-He-4 events ["AMS Days at La Palma, La Palma, Canary Islands, Spain," (2018)]
- Expected astrophysical background is tiny but so is expected DM signal!
- One proposal is that clouds of antimatter or anti-stars could generate these events [Poulin et al '19]
- Alternatively, recent theoretical work suggested that the DM signal calculations might have missed an important process [Winkler & Linden '21], and production of $\bar{\Lambda}_b$ -baryons which decay to antihelium could boost the signal





The 3.5 keV line

- Observed originally in stacked galaxy clusters [Bulbul et al '14, Boyarsky et al '14], subsequently in other regions. Individual signals are modestly significant (~4σ).
- Simplest DM explanation: 7 keV sterile neutrino decaying into neutrino+photon. (Other explanations involving annihilation, oscillations etc are possible.)
- Possible non-DM contributions: atomic lines (from K, Cl, Ar, possibly others), chargeexchange reactions between heavy nuclei and neutral gas [e.g. Shah et al '16].
- Simple decay explanation seems inconsistent with null results in other searches, in particular recent work by Dessert et al '20, <u>https://github.com/bsafdi/</u> <u>BlankSkyfor3p5</u>
- Active controversy over validity of upper limits [Abazajian 2004.06170, Boyarsky et al 2004.06601] - key points are flexibility of background model, energy range considered.
- Future X-ray experiments (eXTP, XRISM, Micro-X, possibly eROSITA) should have the sensitivity to see the signal, in some cases with improved energy resolution.



The Galactic Center excess (GCE)

- Excess of gamma-ray photons, peak energy ~1-3 GeV, in the region within ~10 degrees of the Galactic Center.
- Discovered by Goodenough & Hooper '09, confirmed by Fermi Collaboration in analysis of Ajello et al '16 (and many other groups in interim).
- Simplest DM explanation: thermal relic annihilating DM at a mass scale of O(10-100) GeV
- Leading non-DM explanation: population of pulsars below Fermi's point-source detection threshold





A GCE status report

- Morphology: independent groups have found a stellar-bulge-like morphology is preferred over spherical symmetry [Macias et al '18, Bartels et al '18, Macias et al '19]. This would suggest a stellar origin. However, this depends on the background/foreground modeling; di Mauro '21 finds the opposite preference.
- Photon statistics: point sources or diffuse?
 - Several groups have found hints for faint point-source (PS) populations toward the inner Galaxy [Bartels et al '16, Calore et al '21] - comparison with the 4FGL catalog indicates most sources are not potential contributors to the GCE [Zhong et al '20]
 - Other studies have claimed evidence for a GCE-distributed PS population [Lee, TRS et al '16, Buschmann et al '20], but follow-ups have shown these PSs may be spurious [Leane & TRS '19, '20, List et al '20]
- Detection of pulsars in other frequency bands could help resolve the issue in the next few years [e.g. Calore et al '16, Berteaud et al '20].

Summary

- <u>Knowns</u>: cosmological abundance (precisely), phase space distribution (steadily improving), upper limits on interactions, lower limit on lifetime, upper + lower bounds on mass (very widely separated!)
- <u>Unknowns</u>: values of mass, lifetime, non-gravitational interactions; cosmological history
- We have many scenarios for what DM could be, and many exciting ideas for how to test them, spanning the (enormous) range of possible masses and interaction strengths
- There are already a number of excesses/anomalies we don't fully understand - may be hints to DM, or (perhaps more likely) clues to new high-energy astrophysics

BACKUP SLIDES

Photon statistics

Lee, Lisanti, Safdi, TRS & Xue '16

DM origin hypothesis

signal traces DM density squared, expected to be ~smooth near GC with subdominant small-scale structure



5 Pulsar origin hypothesis

signal originates from a collection of compact objects, each one a faint gamma-ray point source

- We may be able to distinguish between hypotheses by looking at clumpiness of the photons [e.g. Malyshev & Hogg '11; Lee, Lisanti & Safdi '15].
- If we are looking at dark matter (or another diffuse source, like an outflow), we expect a fairly smooth distribution - fluctuations described by Poisson statistics.
- In the pulsar case, we might instead see many "hot spots" scattered over a fainter background - non-Poissonian fluctuations, higher variance.
- Related analysis by Bartels et al '16, using wavelet approach



- Lee et al '16: fit shows a strong preference to assign all GCE flux to new PS population (Bayes factor in favor of model with PSs ~10⁹, roughly analogous to 6σ)
- Suggests signal is composed of a relatively small number of justbelow-threshold sources

- Leane & TRS '19, Chang et al '19, Buschmann et al '20:
 - background models used in original analysis lead to significant bias against DM signal, reconstruct injected smooth signals as ensembles of point sources;
 - newer models can be created that do not have the same clear bias, evidence for PSs drops to Bayes factor 10^{3.4}, analogous to 3-4σ
- Leane & TRS '20a, b: even with perfect background models, an overly-rigid signal model can lead to a spurious preference for a PS population

Spurious point sources (data)

- We found this by accident trying to test the spatial morphology of the GCE in more detail
- In the region of interest we used, when we split the GCE into 2+ spatial components, all evidence for GCE PSs went away (BF > 10¹⁵ → BF < 10 with one added d.o.f)
- Apparent preference for PSs is really just a preference for N/S asymmetry
- Occurs because bright PS populations inherently have a higher error bar on flux easier to explain a "bad" signal template





Spurious point sources (simulations)

- Simulate smooth GCE with asymmetry, fit as linear combination of symmetric smooth template + symmetric PS template
- The observed behavior matches what we see (for the same fit) in the real data very closely, although in the simulations we know the PS population isn't real
- So perhaps the apparent PSs in the real data are spurious?



One example realization

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Dark photon limits



Suppose there is some interaction that interconverts between dark matter and SM particles and is efficient in the early universe
 (I) $\chi\chi \leftrightarrow SMSM$

 As the universe expands, it cools down; eventually its temperature drops below the dark matter mass.

(2)
$$\chi \chi \to SM SM \not \to \chi \chi$$

- Dark matter abundance falls exponentially eventually cuts off when the timescale for collision becomes comparable to the expansion timescale
- At this point we say the annihilation has <u>frozen out</u> and the late-time dark matter abundance is fixed /



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High-mass limit: unitarity

- In this scenario, the interaction strength controls the freezeout and hence the late-time ("relic") abundance of dark matter: stronger interactions = longer exponential decrease = lower abundance. Simple, compelling scenario to obtain the correct DM abundance (but not the only option!)
- From measuring the relic abundance we can predict the annihilation rate:

$$\langle \sigma v \rangle \approx 2 \times 10^{-26} \mathrm{cm}^3 / s \approx \frac{1}{(25 \mathrm{TeV})^2} \sim \frac{1}{m_{\mathrm{Pl}} T_{\mathrm{eq}}}$$

- In the limit of weak interactions, this suggests a characteristic mass scale around $M \sim \alpha_D imes 25 {
 m TeV}$, if α_D is the relevant coupling
- In the limit of strong interactions, partial-wave unitarity still sets a massdependent upper bound on the cross section, which implies a maximum mass scale around 100 TeV:

$$\sigma = \sum_{l=0}^{\infty} \sigma_l, \quad \sigma_l = \frac{4\pi}{k^2} (2l+1) \sin^2 \delta_l \le (2l+1) \frac{4\pi}{k^2}$$

Low-mass limits & the "thermal window"

- Warm dark matter limits discussed earlier require masses above the keV scale
- For most models, there is a stronger bound from Big Bang Nucleosynthesis (BBN), our earliest direct probe of cosmic history - begins when the universe is O(1) s old, at temperatures ~ 1 MeV
- Thermally-coupled DM at the MeV scale or lower will generally perturb BBN via its effect on N_{eff}, # of relativistic degrees of freedom (changes expansion history) - either directly or through heating of photons/neutrinos via annihilations [see e.g. Sabti et al '19 for a recent analysis]
- Thus the thermal freezeout scenario applies most straightforwardly to DM with mass between 1 MeV and 100 TeV - "thermal window"
- If we can test the thermal relic cross section for DM masses across this window, we can probe (at least the simplest version of) this explanation for the origin of DM

